

NEXT LEVEL TRAINING

“Take Your Game to the Next Level”

www.nltsoccer.com

Here is an opportunity for youth players of the Sacramento area to have an experience that will get their game to the next level. In my years as a coach and player, I have been able to encourage and motivate the youth that I work with, as well as, the teammates that I am surrounded by. I have always believed in a learning environment where personal growth and development is the outcome. The ability to use my previous coaching and playing experience to help develop your child into the best soccer player that they can be is the ultimate goal.

I have had the opportunity to experience the sport of soccer at a variety of levels, from playing professionally for the Washington Freedom (WUSA), internationally for the Mexican National Team and Division I, for the University of Notre Dame. The array of playing experience that I have will allow me to use my knowledge and education of the game in a coaching environment best suited for your child.

Washington Freedom (WUSA)- Washington DC (3 seasons)

Mexico National Team -Participated in the 1999 Women’s FIFA World Cup

University of Notre Dame- 1995 NCAA Division I National Champions. Scored 73 goals and completed 44 assists for 190 points during a 4 year career. Three-time Big East Conference Team, including Freshman of the Year in 1995. Participated in three Final Four Tournaments. Four year Monogram (letter) winner.

Not only have I played at a variety of levels but I have had the opportunity to coach the sport of soccer from the youth to the college coaching ranks. I spent 3 years as the assistant coach at the University of Pittsburgh in Pennsylvania and 2 years at Saint Mary’s College in Moraga. I truly enjoy sharing my knowledge and experiences as a player with the athletes that I coach. I have the ability to relate to the game from a player standpoint, which is extremely beneficial when analyzing the technical and tactical improvements needed for your child.

I am a dynamic person and I enjoy working in an environment that values teamwork, creativity, determination and a desire to play to one’s potential. If you are interested in private training sessions for your child or if you are a high school athlete, preparing yourself for the next level, then this is an opportunity that you do not want to miss.

Please contact me for more details and the chance to take your game to the next level!!!

Thank you,

Monica Gerardo